



- PLEASE RENEW BY 5/15/2011 (Past due June 1)
- Review and CORRECT ALL INFORMATION below.
- Fields Marked with an * require a response
- Read and SIGN Waiver on Reverse before rowing

2011 Membership Form

Print this form (1 double-sided sheet if possible) Make corrections on the form, sign both sides, & mail or leave at boathouse. Checks are payable to "Des Moines Rowing Club" Do not send cash in mail or leave cash at boathouse.

Mail to: **DMRC MEMBERSHIP, P.O. Box 872, Des Moines, IA. 50304-0872.** Make inquiries to Randall Wilson 778 4032

* Name _____ USRA ID _____ Year Joined _____ Years as Rower: _____
 DMRC _____

YOUR PRIOR YR. DUES are recorded as

Regular (full season) \$225 Novice \$110 College (full time) \$80 Inactive (not rowing) \$25
 Guest \$10 per row (Max. 5) Cox Only \$55 Junior (high school) \$75 Unpaid Prior Year \$0

BOATHOUSE LEVY OPT OUT: Novices, College, Jr.s or Inactive members may DEDUCT \$25 Here-----> ()

"Boathouse Levy" funds will be used in pursuit of a permanent boathouse * Check # _____ Amount _____

*Volunteer Support

The annual volunteering expectation for regular members is a minimum of 10 hours of personal service. Novices, Juniors and end of season renewals need to complete at least 5 hours. **Coxing counts!**

* I report that I have have not yet satisfied my volunteering expectation for the prior season.

NOTE: your truthful answer to this question will not affect your membership or rowing status.

* **PLEASE list** any talents that may be useful to the club: Water Safety, Legal, Repairs, Accounting, Fundraising, Construction, Design, Computing, Medical, etc.

Directory Information (for Club membership use only):

See Note B

* Full Mailing Address _____ Street _____ City _____ Zip _____
 * Phone Daytime _____ Phone Evening _____ Phone Mobile _____
 * Email Primary _____ 2ndary Email _____
IMPORTANT! : Are You receiving the Dockmaster and email traffic on the club listserv Yes No

Personal Information (for Club management use only):

See Note C

* Birth date _____ Gender _____ Shoe Size _____ Weight _____ Height _____
 Employer _____ Business _____ Occupation _____ Number of Employees _____

Rowing Plans & Profile

* I certify that I can swim at least 200 yards without stopping _____
 X Signature or response required See Note A

Circle ALL that apply: Roles Sculler Captain Coxswain Coach Official Sub Competes
 Reservations Port Only Star Only Scull Only RecreatOnly Novice Junior NonRower

2011 SURVEY (Please check **one choice** in each box):

Training Level: Recreational Skills Focus Hard Workout
 Competitive Elite Club Rower
 Competitive Plans: None Away Regattas
 HOT DM Only 4 or more regattas

Boat Type Captain Crew Name Rowing Time

Boat 1

Boat 2

PREFERRED ROWING TIMES

	M	T	W	T	F	Sa	Su
Morning							
Midday							
Evening							

"0" = PREFERRED TIME;
 "X" = UNAVAILABLE; Blank = NEUTRAL

Note A: All members must respond or sign. New members joining after 2004 must meet the swimming ability requirement. Note B: This information is shared with other club members. Note C: This information helps us make equipment choices, and identify our human and sponsorship resources

WAIVER AND RELEASE

IN CONSIDERATION of being given the opportunity to participate in any USRowing and/or Des Moines Rowing Club ("Club") activity, including but not limited to scheduled, supervised club activities, and registered regattas, I, for myself, my personal representatives, assigns, heirs, and next of kin:

1. ACKNOWLEDGE, agree and represent that I understand the nature of Rowing Activities, both on water and land based, and that I am qualified, in good health, and in proper physical condition to participate in such Activities;
2. FULLY UNDERSTAND that: (a.) ROWING ACTIVITIES INVOLVE RISKS AND DANGERS of serious bodily injury, including permanent disability, paralysis and death ("Risks"); (b.) these Risks and dangers may be caused by my own actions, or inactions, the actions or inactions of others participating in the Activity, the condition in which the Activity takes place, or the negligence of US Rowing, the Club or their members and officials; (c.) there may be other risks and social and economic losses either not known to me or not readily foreseeable at this time; I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES I incur as a result of my participation;
3. AGREE AND WARRANT that I will examine and inspect each Activity in which I take part as a member of USRowing and/or the Club and that, if I observe any condition which I consider to be unacceptably hazardous or dangerous, I will notify the proper authority in charge of the Activity and will refuse to take part in the Activity until the condition has been corrected to my satisfaction;
4. HEREBY RELEASE, discharge, and covenant not to sue USRowing, the Club, the Regatta, their administrators, directors, agents, officers, volunteers and employees, other participating regatta organizers, any sponsors, advertisers, and if applicable, owners and lessors of premises, on which the Activity takes place, (each considered one of the Releasees herein) from all liability, claims, demands, losses or damages on my account caused or alleged to be caused in whole or in part by the negligence of the Releasee or otherwise, including negligent rescue operations; and I further agree that if, despite this release and waiver of liability, assumption of risk, and indemnity agreement, I, or anyone on my behalf, makes a claim against any of the Releasees, I WILL INDEMNIFY, SAVE AND HOLD HARMLESS each of the Releasees from any litigation expenses, attorney fees, loss, liability, damage, or cost which any may incur as a result of such claim, to the fullest extent permitted by law.

I HAVE READ THIS AGREEMENT; fully understand its terms and that I have given up substantial rights by signing it. I have signed this agreement freely and without any inducement or assurance of any nature, and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law; and

agree that if any portion of this agreement is held to be invalid, the balance, notwithstanding, shall continue in full force and effect.

I UNDERSTAND that it is club policy that this waiver be reconsidered and signed by me each year in advance of any participation in club activities or use of its facilities, and that as a condition of membership, it is my responsibility to comply with that expectation. If I fail to sign a valid waiver in any year prior to engaging in club activities or in use of its facilities, I agree that this waiver (unless previously revoked in writing delivered to the club secretary) shall be considered to be in full force and effect.

Printed Name of Participant

Address

City State Zip

Phone Number Date

X _____
Participant's Signature

PARENTAL CONSENT (if participant is under 18)

I, the minor's parent and/or legal guardian, understand the nature of rowing activities and the minor's experience and capabilities and believe the minor to be qualified to participate in such activity. I hereby release, discharge, covenant not to sue, and AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS each of the Releasees from all liability, claims, demands, losses, or damages on the minor's account caused or alleged to be caused in whole or part by the negligence of the Releasees or otherwise, including negligent rescue operations, and further agree that if, despite this release, I, the minor, or anyone on the minor's behalf makes a claim against any of the above Releasee, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS each of the Releasees from any litigation expenses, attorney fees, loss liability, damage, or cost any may incur as the result of any such claim, to the fullest extent permitted by law.

Printed Name of Parent/Guardian

Address

City State Zip

Phone Number Date

X _____
Parent/Guardian Signature (only if participant is under the age of 18)