



- The PDF version of this form can be filled out on a computer
 - Use this form for new memberships & guests
 - Read and SIGN Waiver on Reverse before rowing
 - Fields Marked with an * are required information
- WEBSITE**

New Membership Form

Renewing Members: Individualized pre-filled forms are preferred. To get your form email: gryndal@mchsi.com

* USRA ID Membership Year Years as Rower:

* Full Name (first and last)

Regular (full season) \$175 Novice \$85 College (full time) \$50 Inactive (not rowing) \$0
 Late (after Sept. 1) \$60 Cox Only \$30 Junior (high school) \$25 Guest \$10 per row (Max. 5)

* PAYMENT ENCLOSED: Check #

Mail completed and signed form with check made payable to "Des Moines Rowing Club" to:
DMRC Membership P.O. Box 872, Des Moines, IA 50304-0872 Make inquiries to Randall Wilson 515.243.4032

* Directory Information (for club membership use only):

* Mailing Address

* Phone Daytime Phone Evening Phone Mobile

* Email Primary 2ndary Email Newsletter Preference Snail Email

I would like some information on how to use the DMRC website "members only" area or listserves: Yes No

Personal Information (for club management use only):

Birth date Weight Height Gender Shoe Size

Employer Business Occupation Number of Employees

Rowing Plans & Profile

* I certify that I can swim at least 200 yards without stopping

PREFERRED ROWING TIMES

Place a "0" in any times you prefer to row; Use an "X" to indicate times when you are definitely not available.

	M	T	W	T	F	Sa	Su
Mornings	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
Midday	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
Evenings	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>

Signature

Seeking boat placement? Yes No

Will you attend a coxing clinic? Yes No

Do you plan to captain a crew? Yes No

Rowing with an established crew? **Novices leave blank**

"Type of Boat (Captain)"

Skills/Reservations----- Sculler Captain Coxswain Coach Official Sub Competes

Check ALL that apply: Port Only Star Only Scull Only RecreatOnly Novice NonRower

Do you plan to compete in the HOT Des Moines Regatta (Last Sat Sept.) Yes No Defer

Volunteer Support

The Annual volunteer requirement for regular members is 10 hours MINIMUM service. Novices, Juniors and end of season renewals need only complete 5 hours. If you need a task assignment or info call the Volunteer Coordinator

Please list any talents that may be useful to the club
e.g. Water Safety, Accounting, Fundraising, Construction, Design, Computing, Repairs, Legal, Medical, etc.

WAIVER AND RELEASE

IN CONSIDERATION of being given the opportunity to participate in any USRowing and/or Des Moines Rowing Club ("Club") activity, including but not limited to scheduled, supervised club activities, and registered regattas, I, for myself, my personal representatives, assigns, heirs, and next of kin:

1. ACKNOWLEDGE, agree and represent that I understand the nature of Rowing Activities, both on water and land based, and that I am qualified, in good health, and in proper physical condition to participate in such Activities;
2. FULLY UNDERSTAND that: (a.) ROWING ACTIVITIES INVOLVE RISKS AND DANGERS of serious bodily injury, including permanent disability, paralysis and death ("Risks"); (b.) these Risks and dangers may be caused by my own actions, or inactions, the actions or inactions of others participating in the Activity, the condition in which the Activity takes place, or the negligence of US Rowing, the Club or their members and officials; (c.) there may be other risks and social and economic losses either not known to me or not readily foreseeable at this time; I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES I incur as a result of my participation;
3. AGREE AND WARRANT that I will examine and inspect each Activity in which I take part as a member of USRowing and/or the Club and that, if I observe any condition which I consider to be unacceptably hazardous or dangerous, I will notify the proper authority in charge of the Activity and will refuse to take part in the Activity until the condition has been corrected to my satisfaction;
4. HEREBY RELEASE, discharge, and covenant not to sue USRowing, the Club, the Regatta, their administrators, directors, agents, officers, volunteers and employees, other participating regatta organizers, any sponsors, advertisers, and if applicable, owners and lessors of premises, on which the Activity takes place, (each considered one of the Releasees herein) from all liability, claims, demands, losses or damages on my account caused or alleged to be caused in whole or in part by the negligence of the Releasee or otherwise, including negligent rescue operations; and I further agree that if, despite this release and waiver of liability, assumption of risk, and indemnity agreement, I, or anyone on my behalf, makes a claim against any of the Releasees, I WILL INDEMNIFY, SAVE AND HOLD HARMLESS each of the Releasees from any litigation expenses, attorney fees, loss, liability, damage, or cost which any may incur as a result of such claim, to the fullest extent permitted by law.

I HAVE READ THIS AGREEMENT; fully understand its terms and that I have given up substantial rights by signing it. I have signed this agreement freely and without any inducement or assurance of any nature, and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law; and

agree that if any portion of this agreement is held to be invalid, the balance, notwithstanding, shall continue in full force and effect.

I UNDERSTAND that it is club policy that this waiver be reconsidered and signed by me each year in advance of any participation in club activities or use of its facilities, and that as a condition of membership, it is my responsibility to comply with that expectation. If I fail to sign a valid waiver in any year prior to engaging in club activities or in use of its facilities, I agree that this waiver (unless previously revoked in writing delivered to the club secretary) shall be considered to be in full force and effect.

Printed Name of Participant

Address

City State Zip

Phone Number Date

X _____
Participant's Signature

PARENTAL CONSENT (if participant is under 18)

I, the minor's parent and/or legal guardian, understand the nature of rowing activities and the minor's experience and capabilities and believe the minor to be qualified to participate in such activity. I hereby release, discharge, covenant not to sue, and AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS each of the Releasees from all liability, claims, demands, losses, or damages on the minor's account caused or alleged to be caused in whole or part by the negligence of the Releasees or otherwise, including negligent rescue operations, and further agree that if, despite this release, I, the minor, or anyone on the minor's behalf makes a claim against any of the above Releasee, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS each of the Releasees from any litigation expenses, attorney fees, loss liability, damage, or cost any may incur as the result of any such claim, to the fullest extent permitted by law.

Printed Name of Parent/Guardian

Address

City State Zip

Phone Number Date

X _____
Parent/Guardian Signature (only if participant is under the age of 18)